



# Memorial Hospital Miramar - 5th Anniversary!

## growing a healthy community HEALTH FAIR

**Saturday, March 20 • 10am-1pm**

**Memorial Hospital Miramar • 1901 Southwest 172 Avenue, Miramar**

**Bounce House • Rock Climbing Wall • Popcorn • Cotton Candy  
Ice Cream • Music • Lectures • Tours**

### HEALTH SCREENINGS AND INFORMATION BOOTHS

**Blood Pressure Screening • Cholesterol Screening • Osteoporosis Risk Assessment (ages 50+)**

**U18 Sports Medicine • Women's Services • Emergency Department • Child ID**

**Pediatric Inpatient Unit • Family Birthplace • Child Safety Information • Car Seat Safety Checks**

**Hospital Tours: 10:30am • 11:30am • 12:30pm**

### LECTURES:

**Growing a Healthy Baby** by Tammy Narup, Family Birthplace

**11am • Royal Palm Conference Room**

**Sports Injuries - How to Keep Your Young Athlete Safe and Healthy**

by Tony Milian, U18 Sports Medicine

**11am • Date Palm Conference Room**

**Questions about Breast Exams - When is the Right Time to Start** by Angela Parra, MD

**Noon • Royal Palm Conference Room**

**When to Bring your Child to the Emergency Room** by Anna Airy, Pediatric Emergency Department

**Noon • Date Palm Conference Room**

For more information please call (954) 538-4612.

 **Memorial  
Hospital Miramar**

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A facility of Memorial Healthcare System

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